

Own Your Future

Questions to get you started on creating a vision for your life.

a note from us

When it comes to figuring out what you want, it's not always easy. Where do you start? What if you change your mind? What happens if you don't get there? The trick is to let go of all the questions and concerns, and get in touch with your inner child that loves to dream. Remember the three steps to owning your future:

1. Learn to Dream
2. Discover the Devil in the Details
3. Write it Down

Our hope is these questions help break down your dreaming into smaller bites, encourage you to dig into the details, and get you excited to write some stuff down.

-- Stephanie & Kara

read more

Check out our blog articles on vision:

- [Visioning is the Secret Ingredient to Your Awesomesauce](#)
- [The Power of Vision](#)
- [You're Just Three Steps Away from Owning Your Future](#)

Learn more about the different areas of your life:

- [Wheel of Life Downloadable](#)





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Questions to get you started on creating a vision for your life

health and fitness

How do you want your body to look and feel?
What do you want to put into and on your body?
What are your self-care routines?

emotional life

What are the emotions you want to feel?
When will you feel those emotions?
How will you make sure those emotions are part of your experience?
Which emotions will you move through quickly? How?

intellectual life

How will you stimulate your brain?
What will you expose your brain to? How?
What will you protect your mind from? How?

spirituality

How will you connect to the world around you?
What greater purpose will you serve?
What is the impact or difference you will make?

character

What virtues will people recognize you for?
Which qualities of your character will best support the other parts of your life?

family

What will your relationships with our family members be like?
How will you nurture and shape those relationships?

friends

What kind of friend will you be?
What kinds of friends will you welcome into your life?
Which friends will you cut ties with?

romance

How will you nurture your romantic relationship?
What kind of person will you be for your partner?

finances

How much money will you earn? How?
How much money will you spend? How?

career

What will you do with most of your time?
What skills will you have or use?

environment

Where will you spend most of your time?
What will those spaces be like to bring out your best?

creative expression

How will you express yourself?
What is the physical mark you will make on the world?



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